

# Seniors On-line



PROJECT NEWSLETTER N<sup>o</sup>2

09/2016



## Quick look into the English language&ICT course for Seniors

Engaging in intercultural dialogue, searching the information on internet, shopping in e-shops, using online banking, sending message to foreign friends or family using social networking, work with photos...and more!

We are speaking of Integrated Learning Programme this project has developed to promote acquisition of digital and english language competences amongst elders!

Course consists of 3 Modules, each containing 5 units:

### MODULE 1

*Presenting yourself and your country/ city*

### MODULE 2

*Getting around*

### MODULE 3

*Lifestyle. Hobbies. Traveling*

The program`s primary focus is not only on learning, but on applying skills in practice and share experiences among peers. It supports language learning and use of computer and internet at the same time!

These competences were not so relevant in seniors` earlier lifetime, but they have become an important element of active ageing and social involvement of senior citizens that this project would like to encourage!

Coming up... 

**9-10th February,  
2017**

***International  
Workshop for senior  
participants in  
Tallinn, Estonia***

Visit us: [www.seniorsonline.eu](http://www.seniorsonline.eu)

## Interview with Regina Dovidavičiūtė

### **How did you learn about our project and this training?**

I am a senior citizen, a student at Medardas Čobotas University of the Third Age (MCTAU). I had an opportunity to meet SIH director Daiva Malinauskienė. We talk about seniors at MCTAU and their interested in learning foreign languages. Then one day I received invites from SIH to join the „Seniors On-line” project as an associate partner!

### **What is your motivation for taking part in this course?**

The reproduced and improved English language skills will help me to expand the boundaries of knowledge and also to find other like-minded people in different countries.

### **Why learning to use technologies will benefit you?**

To all open-minded seniors, technology opens windows and doors to the world, it occupies people's minds and feelings, liberates ideas, helps to engage people with new activities. So, I am learning step-by-step to master the computer and I feel the need to be a lifelong learner.

### **Where and when did you learn the basics of the English language?**

Basic English language skills I learn studying at university. Only much later, I've come to realize I need to learn English and started learning it independently.

### **What skills would you like to achieve?**

I would prefer to focus more on the improvement of speaking skills, while other language skills, such as text comprehension and writing. For the linguistic point of view – to acquire better understanding of English grammar, improve and expand my vocabulary and master speaking skills.

### **How do you think your life will be different after this training?**

I think it will bring new quality into my life, will make it more interesting in line with my age, mental and emotional well-being. I expect to become more self-confident while communicating, and to be able to spice up dark winter evenings reading books in English, watching TV shows or Skyping with like-minded seniors from other countries.

Regina Dovidavičiūtė



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